REMOTE SESSIONS: PHONE, ONLINE VIDEO AND CONFERENCE CALLS

There are times when it is necessary or indicated to use a call or online video instead of having a live, face-to-face session:

- · During bad weather when it might feel unsafe or uncomfortable to drive
- When you're out of town, or unable to come to the office, had an emergency, or don't feel well enough to travel, but want a session.
- For coaching clients where the primary format is via phone.
- When some situation has precluded my ability to make an office session
- For clients requiring private access to treatment without risk of any public exposure.

THERE ARE A FEW DIFFERENT OPTIONS FOR REMOTE SESSIONS:

- 1. Arrange a call with me at a set time, and I'll call you.
- Schedule an individual or couples online video session with me on the Psychology Today site. It's a free, secure, HIPPAA secure service available to anyone with a computer. You can transmit from different locations. Log on at: https://sessions.psychologytoday.com/susanlager
- 3. Schedule a conference call with me via a landline or cellphone. This can be used when more than two of us will be on the call, or callers will be coming on from different locations.

Dial in number: (605) 475-4800

Access code: 565515#

Payment:

When you call in, provide information about the credit or debit card you'd like to use. I'll then process it through the Square app on my phone and send you a text or email receipt.